

Beaumont Rehabilitation and Skilled Nursing Center

EXTENDED LIVING - DAILY MENU

Breakfast

Assorted Juice Hot and Cold Cereal Fresh Fruit Yogurt
Fresh Eggs Whole Wheat Toast Buttermilk Pancakes French Toast

Lunch

Corn Chowder
Tossed Green Salad

Roasted Turkey Breast with Stuffing, Gravy
and Cranberry Sauce

or

Barbecued Spare Ribs

Whipped Potatoes
Buttered Egg Noodles

Roasted Butternut Squash
Fresh Steamed Broccoli

Fruited Cherry Gelatin *or* Assorted Ice Cream Flavors

Dinner

Turkey Vegetable Soup
Mixed Greens Salad

American Chop Suey

or

Grilled Shrimp Cakes
with Lemon Sauce

Buttered Green Peas

Banana Cream Pie *or* Assorted Ice Cream

Lunch & Dinner Alternatives

Baked Fish Grilled Cheese Tuna *or* Chicken Salad Sandwich
Fruit and Cheese Plate Baked Chicken Breast